

Fredericksburg Regional Food Bank



SUMMER MEALS

Our children need nutritious meals to learn, grow and thrive during the summer. With the Summer Food Service Program (SFSP), children and teens ages 18 and younger, can continue to eat healthy, while school is out, at no cost. Participating sites will be serving meals for the children to consume on site or grab & go to enjoy. Just show up, receive a meal and enjoy it on site or on the go depending on the locations you are at. Parents and guardians are allowed to pick up meals even when their children can't be present.

STARTING JUNE 3rd, FIND A NEARBY MEAL SITE AND HOURS OF OPERATION BY:

1. Text "FOOD" or "COMIDA" to 304-304
2. Visit Fredfood.org or
3. Download our Pantry Locator App FREDFOODVA

No form of identification or registration is required, simply show up, receive a meal. And enjoy on the go.



This institution is an equal opportunity provider

**FREDERICKSBURG
REGIONAL FOOD BANK**

Locust Grove · Stafford · Caroline
Spotsylvania · King George · the
City of Fredericksburg

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AMERICA**

Fredericksburg Regional Food Bank



SUMMER MEALS



Walmart Supercenter
2533 Germanna Hwy
Locust Grove, VA 22508

June 6-Aug 8 (**no meals July 4, meals delivered July 3**)
Tuesday 1:00pm-3:00pm

Third Mt. Zion Baptist Church
9132 Fredericksburg Turnpike
Woodford, VA 22580

June 7-Aug 9
Wednesday
10:00am-12:00pm

New Liberty Baptist Church
33030 Sparta Rd.
Milford, VA 22514

June 7-Aug 9
Wednesday
11:30am-1:30pm

Lotus Academy
7278 Ladysmith Rd.
Ruther Glen, VA 22546

June 8-Aug 10
Thursday
10:00am-12:00pm

Oxford Mt. Zion Baptist Church
25215 Zion Rd.
Ruther Glen, VA 22546

June 8-Aug 10
Thursday
10:45am-12:45pm

Second Mt. Zion Baptist Church
31220 Old Dawn Rd.
Hanover, VA 23069

June 8-Aug 10
Thursday
11:30am-1:30pm

*****Meals at these site are Grab & Go. You may pick up meals for your children to be consumed later.*****

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SUMMER MEALS



North Stafford High School
839 Garrisonville Rd.
Stafford, VA 22554

June 6-Aug 4 (**closed July 4**)
Tuesday-Friday
11:00am-12:30pm

Howell Library
806 Lyons Blvd.
Fredericksburg, VA 22406

June 6-Aug 4 (**closed 6/20 & 7/4**)
Tuesday-Friday
11:45am-1:15pm

Salem Church Library
2607 Salem Church Rd.
Fredericksburg, VA 22407

June 6-Aug 3 (**closed 6/20 & 7/4**)
Tuesday-Thursday
12:00am-1:30pm

Snow Library
8740 Courthouse Rd.
Spotsylvania, VA 22553

June 5-Aug 3 (**closed 6/19 & 7/4**)
Monday, Tuesday and Thursday
12:30am-2:00pm

Sylvania Heights Baptist Church
150 Church St.
Fredericksburg, VA 22408

June 6-Aug 4 (**closed 7/4**)
Tuesday-Friday
11:00am-12:30pm

Spotsylvania Farmers Market
12150 Gordon Rd.
Fredericksburg, VA 22407

June 3-Sept 30
Saturdays
10:00am-12:00pm

Stafford Junction
791 Truslow Rd.
Fredericksburg, VA 22406

June 20-July 20 (**limited to enrolled children, closed 7/4**)
Monday-Thursday
1:00pm-1:45pm

*****Meals need to be consumed on site at these locations, they cannot be taken off site for consumption.*****

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